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Traditional Chinese medicine (TCM; simplified Chinese: 中医药; traditional Chinese: 中醫藥; pinyin: Zhōngyáyào) is a style of traditional medicine based on more than 2,500 years of Chinese medical practice that includes various forms of herbal medicine, acupuncture, massage (tui na), exercise (qigong), and dietary therapy, but recently also influenced by modern Western medicine.

Traditional Chinese medicine - Wikipedia

Published by The Haworth Herbal Press®, Pharmaceutical Products Press®, and The Haworth Medical Press®, imprints of The Haworth Press, Inc., 10 Alice Street, Binghamton, NY 13904-1580.

The Handbook of Clinically Tested Herbal Remedies

In Traditional Chinese Medicine, there are roughly 13,000 medicinals used in China and over 100,000 medicinal prescriptions recorded in the ancient literature. Plant elements and extracts are the most common elements used in medicines. In the classic Handbook of Traditional Drugs from 1941, 517 drugs were listed - 442 were plant parts, 45 were animal parts, and 30 were minerals.

List of traditional Chinese medicines - Wikipedia

Introduction. Traditional Chinese medicine (TCM) originated in ancient China and has evolved over thousands of years. TCM practitioners use herbal medicines and various mind and body practices, such as acupuncture and tai chi, to treat or prevent health problems. In the United States, people use TCM primarily as a complementary health approach.

Traditional Chinese Medicine: In Depth | NCCIH

A guide to herbs and supplements for specific health problems. by Steven H. Horne Natural Remedies for Common Health Conditions

Natural Remedies for Common Health Conditions - Tree of Light

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35 Herbal Treatments for Acne - ProgressiveHealth.com

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Chinese secrets to fatty liver and obesity reversal PDF review

Founding director of the Canton Acupuncture & Herbal Clinic, China – MD in both Chinese and Western medicines, China

Acupuncture Herbal Center, A Natural, Comprehensive

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for Herbal Medicines - TRAVOLEKAR.RU

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Treatments: â€“ LymeKnowledge

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